### Coming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 November</td>
<td><strong>P&amp;C Meeting</strong></td>
</tr>
<tr>
<td>16 November</td>
<td>Year 5/6 Have Got Talent 2:00pm</td>
</tr>
<tr>
<td>19 November</td>
<td>Year 6 to 7 full day transition to High School</td>
</tr>
<tr>
<td></td>
<td>Year 5 Leadership Day</td>
</tr>
<tr>
<td>20 November</td>
<td>Year 2 and 6 Multi-Cultural day</td>
</tr>
<tr>
<td>23 November</td>
<td>Years 5/6 Have Got Talent Best of the Best</td>
</tr>
<tr>
<td>24 November</td>
<td>Scripture Combined Christmas Concert</td>
</tr>
<tr>
<td>25 November</td>
<td>“Convicts” Drama Group to visit McLean Care 10:30am</td>
</tr>
<tr>
<td></td>
<td>Beach to Bush Presentation in Hall - No cost</td>
</tr>
<tr>
<td>26 November</td>
<td>“Santa’s List” Drama Group to visit McLean Care 10:30am</td>
</tr>
<tr>
<td>1 December</td>
<td>Year 5 Martial Arts session with Nick King Cost-$3.50</td>
</tr>
<tr>
<td>4 December</td>
<td>Year 5 Asia Day Cost $8.00</td>
</tr>
<tr>
<td>9 December</td>
<td>Presentation Ceremonies</td>
</tr>
<tr>
<td>10 December</td>
<td>Sapphire City Dance Academy production of “Frozen”</td>
</tr>
<tr>
<td>11 December</td>
<td>Kindergarten Beach Day/Grade Party/Scrub-a-dub day</td>
</tr>
<tr>
<td></td>
<td>Year 1 park party</td>
</tr>
<tr>
<td></td>
<td>Stage 2 pool party</td>
</tr>
<tr>
<td>14 December</td>
<td>Year 6 Formal Assembly 12:00pm</td>
</tr>
<tr>
<td></td>
<td>Year 6 Dinner Dance 6:00pm</td>
</tr>
</tbody>
</table>

### STAFF CAR PARK

The staff car park near the hall is reserved for staff parking. Parents are asked not to park in the gateway or to use this area to collect students. The ‘kiss ‘n drop’ zone in Brown St is a safe area for families. There is also a no parking section at the front of the school for drop offs during peak times.

### HEAD LICE

There have been several cases of head lice found in the school. Please check your child’s hair regularly. Children are not permitted to attend school if there is any evidence of head lice until the proper treatment has been followed. Chemical and natural solutions are available from the chemist or hairdresser. Bedclothes, hairbrushes and combs need to be treated as well. This plan needs to be repeated after 7 days. It is a great idea for girls with long hair to put their hair up daily. A light spray with hairspray or water with tea tree oil and lavender oil in it also acts as a preventer.

### P&C Meeting

Thank you to the wonderful parents who attend our P&C meetings. I thank these dedicated people who volunteer their time to provide the best possible learning opportunities for our students. This group of people provide an amazing range of services to our school including our school canteen, the school clothing pool, school banking, book club, cake days, Mother’s Day and Father’s Day stalls, the Family Fun Day and a range of fundraising activities. A special thank you to the P&C Executive Team for their terrific support this year. The final P&C meeting for this year is a dinner meeting this evening at 6:30pm. Please contact one of the executive if you are attending.

### Platinum Level

I congratulate all of the students who have been working so hard and bringing their YCDI books to receive stickers for achieving Platinum Level. This is a wonderful achievement.

### Remembrance Day

Thank you goes to Daniel and Elloise were our representatives today at the Inverell Remembrance Day service. Daniel and Elloise laid a wreath and were able to spend time with other school leaders.
Canteen News

Roster:
Thursday 12th November: Judith Murray
Friday 13th November: Leah Rose Hart / Jo Smith / Janet Mepham
Monday 16th November: Judith Murray
Tuesday 17th November: Leah Taylor / Jodie Haidle
Wednesday 18th November: Jo Smith
Thursday 19th November: Judith Murray
Friday 20th November: Jo Smith / Judith Murray / Alison Sparke
Monday 23rd November: Jo Smith

Canteen Monitors: 16th - 20th November
Morning - Sam F / Simon B
Lunch - Breanna P / Hannah R / Demi M

The canteen has been very busy this week and it’s great to see happy faces and healthy choices.
Starting Monday 16th the weekly special will be Christmas fruit for 50 cents a piece. Anyone who orders lunch through the canteen will receive a pencil.
Thank you to all those who volunteer their time to the canteen. The children love to see their parents at the school. If you would like to volunteer next year, please contact Annie at the canteen.

RAFFLE RESULTS
Recently we held a raffle to raise funds to help our debaters with their trip to the State finals in Sydney.
Winners are as follows:
1st Beauty Pack - Margaret Muggleton
2nd Hamper - Donna Eshman
3rd Car Pack - Brendon Campbell
4th Pot and Voucher - Mindy Cook
Thank you to all who supported this raffle.

DEBATING NEWS
Our debating team have been competing and learning a lot whilst they have been in Sydney. Thank you to Mrs Lyell for her tireless effort in this area.

STUDENT BEHAVIOUR
In NSW public schools students are expected to:
- Follow school and class rules and follow the directions of their teachers
- Strive for the highest standards in learning
- Respect all members of the school community and show courtesy to all students, teachers and community members
- Comply with the school’s uniform policy or dress code including sports uniform

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

LUNCHBOX SNACK FOODS
Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Young children also have smaller stomachs than adults so they need to eat every few hours to keep up their energy levels.
Snacks based on fruits and vegetables, reduced fat dairy products and wholegrains are the best choices.

EVERYDAY
- Fruit loaf
- Plain popcorn
- Plain or fruit yoghurt
- Cheese and crackers
- Fresh fruit
- Dried fruit and cheese cubes
- Vegetable sticks & dip or salsa
- Corn or rice cakes
- Bite sized vegies - cherry tomatoes, cucumber etc

SOMETIMES
- Muesli bars or dried fruit bars
- Fruit straps/sticks
- Potato crisps and corn chips
- Lollies & confectionary
- Dairy desserts
- Chocolate
- Cordial
- Soft drinks

WHY DOES OUR SCHOOL HAVE Crunch&Sip®?
Crunch&Sip® is a set time in primary schools for students to refuel on fruit and salad vegetables and rehydrate with water.
Research has shown that students who are not hungry and are well hydrated perform better in the classroom, show increased concentration and are less likely to be irritable and disruptive.
Crunch&Sip® gives students the opportunity to eat at least one serve of fruit or vegetables a day and can help increase their overall total daily intake.

What to pack for Crunch&Sip®
- A bottle of water
And either:
- A whole piece of fruit or vegetables
- A small container of bite sized fruit or vegetables
- Vegetable sticks
- Dried fruit on occasion.

Consider fruits and vegetables that are in season as this will help to lower the cost and be sure to pack something for Crunch&Sip® everyday!